



CQ Psych Services

Shop 1 & 2, 13 Tank St, Gladstone, Q, 4680

E: admin@cqpsychservices.com.au
W: www.cqpsychservices.com.au

P: 07 4972 6929
F: 07 4904 1863

ABN: 33 625 476 271



IN THIS ISSUE

- Director's Message
- Clinic Update
- How to Refer to Us
- Maybe it's time for a WISC-V
- Assessment Booking Process

PRACTICE INFORMATION

Psychologists

Suzie Humphrey
BPsych (Hons), MForMentH, MAPS

Tina Bunge
BPsych (Hons), Assoc. MAPS

Caitlin Roffey
BPsychSc (Hons), Assoc. MAP

Kelsie Realf
BPsychSc, GradDipPsychAdv, Assoc. MAPS

Rhiannon Mulcahy
BPsych (Hons), PhD (Clin Psych), MAPS

Provisional Psychologist

Tom Grainger
BPsychSc (Hons), Assoc. MAPS

Federica Kumpulainen
MProfPsych, Bsci (Hon)(Psychology), Assoc. MAPS

Admin Team

Jessica Butler – Business/Practice Manager
Diane Furno – Admin Officer
Emily Humphrey – Promotions & Business Assistant

Practice Hours

Mon – Fri 9:00 AM – 5:00 PM
Closed Daily – 12:00 PM – 1:00 PM *
* Please leave a voice message during this time.


Address


1 & 2, 13 Tank Street,
Gladstone QLD 4680

Contact Information

Phone: 07 4972 6929
admin@cqpsychservices.com.au

Facebook & Website

 <https://www.facebook.com/cqpsychservices/>

 <https://cqpsychservices.com.au/>

DIRECTOR'S MESSAGE

Hello everyone,

Welcome to Volume 5, Issue 2 of our Newsletter. At CQ Psych Services we pride ourselves on being able to offer a range of psychological services for clients. Our psychologists are continually taking part in the latest professional development training, to ensure that our service is second to none.

We are all very excited to celebrate CQ Psych Services 5th Birthday in early July 2023. We have loved the opportunity to support our community throughout this time. We look forward to offering ongoing support and assessments as our clinic continues to grow.

We are also super excited to begin offering Autism Assessments in the coming months. If you are seeking an assessment, please phone the clinic and we can explain the process and add you to our waitlist.

CQ Psych Services newsletters are designed to provide information for Referrers, Clients and the Community. This issue includes information on depression and habits that maintain your depression. I hope you enjoy this issue.

Please contact the office if you would like to arrange an appointment and as always, we welcome all questions, queries and feedback. Simply email us at admin@cqpsychservices.com.au

Keep an eye out on our Web, Facebook and Instagram pages as we continue to develop these sites.

Until next time...

Suzie Humphrey
Director & Principal Psychologist
BPsych (Hons), MForMentH, MAPS

HOW TO REFER TO US

CQ Psych Services can receive referrals via fax on 4904 1863 or email admin@cqpsychservices.com.au. We accept GP Mental Health Treatment Plans, WorkCover and Private Health Insurance clients but DO NOT offer Bulk Billing. Our admin team is available between 9:00am and 5:00pm Monday to Friday. Outside these times, please leave a message and we will happily call you back.

MAYBE IT'S TIME FOR A WISC-V

What is a WISC-V?

WISC-V stands for Wechsler Intelligence Scale for Children (Fifth Edition), and it's a comprehensive intelligence assessment, widely regarded as the gold standard for kids aged 6 through to 16 years and 11 months. After completing a WISC-V, your child will receive a Full-Scale Intelligence Quotient, or 'IQ Score' as it's more commonly known, which can help inform diagnoses of potential underlying learning disorders.

How does the WISC-V measure intelligence?

The WISC-V can provide a snapshot of your child's overall ability but measuring five key areas that affect learning. The areas that are assessed and evaluated are: Verbal Comprehension, Visual Spatial Reasoning, Fluid Reasoning, Working Memory, and Processing Speed.

Can the WISC-V be used to determine giftedness / heightened intelligence in children?

Absolutely! The WISC-V can be used to assess intelligence across a broad spectrum.

How can the WISC-V help my Child?

To break this down a bit more, WISC-V can help identify underlying learning disorders and various academic weaknesses, which can be the first step towards getting your child the help they need.

How long does the WISC-V take?

The length of the test varies depending on the child and their performance, but it usually ranges from 1-2 hours.

What happens after my child completes a WISC-V Assessment?

Assessment results are compiled into a comprehensive psychological report that includes clinical observations, background information, analysis of test results and practical recommendations that can also inform the development of individualised intervention and learning plans.

At CQ Psych Services, we have several psychologists and provisional psychologists on site who are qualified in administering this assessment. Call our friendly admin team to receive quotes for this assessment and book your child in today!

ASSESSMENT BOOKING PROCESS

Did you know that CQ Psych Services offers a wide range of psychometric assessments?

Assessments can provide you with valuable insights into your cognitive strengths and weaknesses. It also gives you the opportunity to learn strategies to optimise your productivity and achieve your goals.

Let's look at the process of booking assessments with CQ Psych Services...

1. You will book and complete a 60-minute Intake Appointment with your Psychologist. Bookings are secured via our administration team.
2. You complete our online intake form and pre-screener psychometric assessments, which will be emailed to you.
3. Following this, your Psychologist will spend time reviewing and interpreting all the data collected in step 1 and 2 above.
4. Your Psychologist will then write a Recommendation Letter outlining suggested psychometric assessments, further recommendations and provide a quote.
5. Once we receive your go ahead, the assessments will be conducted.
6. Your Psychologist will then write a Formal Report, including a formulation and recommendations.
7. You will then meet with your Psychologist for a 1 hr feedback session.

At CQ Psych Services, we know that each person has individual needs and goals, and by conducting our assessment processes this way, we ensure a personalised and accurate level of care.

We take upfront payment in order to provide an express evidence-based service without compromising on quality or substance. Once you have processed payment and booked your Intake Appointment, we will send you an email to confirm your booking with further instructions to help you prepare for your first session with your Psychologist.

Go ahead and secure your place now via this link: <https://cqpsychservices.com.au/request-an-appointment/>

If you have any remaining questions, please do not hesitate to contact our friendly Administrations Team on (07) 4972 6929 during business hours. If you want to know more about our assessments on offer, please visit: <https://cqpsychservices.com.au/assessments/>